

## **MARY DARLING**

Owner and Founder

Distant Harbor

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Mary Darling Consulting

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### **Summary**

Hospitality General Management, pre-opening, program development, staffing models, consulting  
Spa concept and opening, program development, training, operations management  
Marketing, PR consultant, HR, assurance audits, mystery shopper  
Branding, product sourcing, service provider  
Event conference and forum facilitator, presenter, speaker and published writer

### **Employment Summary**

January 2005 ongoing - Owner founder Distant Harbor Company, Mary Darling Consulting  
October 1998 ongoing - Owner operator Dos Marias hotel, Nogales, AZ  
March 2001 – January 2005 - Country General Manager and Director of Support Services, Steiner Leisure Limited, dba Mandara Spa Asia  
March 2000 – 2001 - External Training Consultant, Marriott International, Asia Pacific  
October 1998 – March 2000 - General Manager Specialist, Marriott International  
May 1997 – October 1998 - Project Lynx, Marriott International  
January 1996 – May 1997 - General Manager, Residence Inn by Marriott (Tucson, AZ. & Costa Mesa, CA.)  
January 1995 – September 1995 – Resort Manager, Vomo Island Resort (Fiji Islands)  
February 1992 – December 1995 - Crew on L'Escargot, (Mexico and South Pacific)  
May 1987 – February 1992 - General Manager, Courtyard by Marriott (Phoenix, AZ., Torrance, CA. & Irvine, CA.)  
1980 – 1987 - Marriott International, various roles

### **Distant Harbor Company & Mary Darling Consulting**

Mary Darling is a hospitality expert in both the hotel or spa industries. Her expertise brings thirty years of experience to your business, whatever it may be, increasing visibility and profitability, creating connections between people, resources and services, enhancing the sustainability and success of your project through business acumen as well as passion and heart. She creates order from chaos, caring for the details while always aware of the bigger picture.

### **Community initiatives**

Community member and previous executive board member APSW, BSWA  
Community member Green Spa Network

### **Educational Background**

University of Arizona & University of CA ~ Irvine